

Therapist being reviewed:	Brittney Clow
Date:	3/29/22

Candidate: please score "+" if action was executed appropriately, a "-" if it was not

	+ or -
Beginning session: Explanations to client contain essential components for ART protocol. See attached Required Concepts.	
Instructed to stay with EMs even if distressed	+
Gauge distress with ARTOMETER	+
Processing early sensations	+
Used Scene Match if needed (sensations don't change or worsen)	N/A
Gave sufficient, clear instructions for 1 st time through scene	+
Used set of 40 EMs for processing scene or sensations	+
Placement of hand or eye guiding stick	+
For sensations, asked "did anything move or change?"	+
Processed sensations after every set of 40, 1 st and 2 nd time through scene	+
Gave sufficient, clear instructions for 2 nd time through scene	+
Asked "did anything look or feel different this time?"	+
Gave sufficient directions for Director with examples	+
Asked about more time with hand up	+
Asked about and did Transfer, if needed	+
Did Outprocessing with clear explanation	+
Reinforce Good Scene	+
Did Pile/Bonfire	+

Processed presenting problem if Scene Match used	N/A
Did Target Trigger Times with clear instructions and examples	+
Reinforced Target Trigger Times if needed to raise confidence	+
Did Bar of Confidence, saying it went above a 10	+
Used Seed of Doubt	+
Ended session with Bridge and Fountain	+
Scaled end of session allowing client to pull down ARTOMETER	+
Good use of optional interventions (Gestalt, Rescue Earlier self, etc)	+
Followed protocol, demonstrating each step in order, by memory	+
Answered client's questions sufficiently and appropriately	+
Processed client's sensations/ emotions as needed to achieve desired outcome	+
Kept session moving, "Less Gab, More Grab"	+
Used metaphors when opportunity arises	+
Proper use of Gestalt during session	+
Timing of session	+
Did they follow script but with client's needs in mind?	+
ARTOMETER dropped to "Blue Zone"	+